

**Interdisciplinary Society for Quantitative Research in Music and Medicine
Conference Schedule, Saturday June 3, 2023**

8:00 am EST	Music, Welcome, & Opening Remarks – David Akombo, PhD	
8:30 am EST	Dr Amanda E. Krause James Cook University, Queensland, Australia	<i>How Music Listening Can Support Perinatal Maternal Well-Being</i>
9:00 am EST	Rona Geffen Independent Scholar Greece	<i>Self and Communal Healing by Vocalizing Chakra Toning Sounds While Dancing in Raves and Parties</i>
9:30 am EST	Coffee Break # 1 Eluv - Music for Healing & Relaxation with Crystal Singing Bowl	
9:45 am EST	Marrienne Gubri, MA Bologna, Italy	<i>A Convergence Between Therapeutic Music, Vibroacoustic Harp Therapy, and Music and Imagery</i>
10:15 am EST	Ana Paul University at Buffalo, New York, USA	<i>Music and Academic Performance – How Binaural Beats Can Reduce Stress and Increase Focus</i>
10:45 am EST	Coffee Break # 2 Coffee Break # 3 with music : Morikeyba and Partick K.	
11:00 am EST	Keynote Presentation <i>Discovering the Power of Sound on the Cellular Level</i> Dr. John Reid Acoustics Engineer and Scientist, United Kingdom	
12:00 pm EST	Lunch Break	
12:30 am EST	Adina Dabija, LAc, MSTOM, Dipl. OM New York, NY, USA	<i>The Role of the Diaphragm in Reaching "Flow State"</i>
1:00 pm EST	Iasos Independent Researcher Hawaii, USA	<i>The Mechanics of HOW Sound Can Induce Healing</i> Including Original Music Presentation
2:00 pm EST	Coffee Break # 3 with Music: “Maria” and “I Can Cook Too” by The Center City Brass Quintet	
2:15 pm EST	Lindy Romez (Jaya Devi) Calm One, Inc St. Petersburg, FL, USA	<i>Music and Medicine: Utilizing Music, Sound, and Frequencies to Easily Bring Balance, Harmony, and a Positive Change</i>
2:45 pm EST	Tony Crisos, MM Independent Scholar, CA, USA	<i>The Orphic Path to Divine Union: “Theon Therapeian” and Ritual Music in Contemporary Greek Mysteries</i> Including Original Music Presentation

3:30 pm EST	<p>Brian Manternach, DA University of Utah, Utah, USA</p> <p>Jeremy Manternach, PhD University of Iowa, Iowa, USA</p>	<p><i>Confidence Alone: Survey of University Acting Majors Regarding the Effects of Singing Training on Confidence and Skills</i></p>
4:00 pm EST	<p>David Akombo, PhD The University of the West Indies, Barbados, W.I.</p>	<p><i>Using African Drumming as a Holistic Approach to Reducing Stress and Improving Health: A Literature Review</i> Including Original Music Presentation</p>
4:30 pm EST	Closing Remarks: ISQRMM Board Members	