

**Interdisciplinary Society for Quantitative Research in Music and Medicine
Conference Schedule, Saturday June 3, 2023**

8:00 am EST	Music, Welcome, & Opening Remarks – David Akombo, PhD	
8:30 am EST	Dr Amanda E. Krause James Cook University, Queensland, Australia	<i>How Music Listening Can Support Perinatal Maternal Well-Being</i>
9:00 am EST	Rona Geffen Independent Scholar, Greece	<i>Self and Communal Healing by Vocalizing Chakra Toning Sounds While Dancing in Raves and Parties</i>
9:30 am EST	Coffee Break # 1: Eluv - Music for Healing & Relaxation with Crystal Singing Bowl	
9:45 am EST	Marianne Gubri, MA Bologna, Italy	<i>Human as a Multidimensional Harp: A Convergence between Therapeutic Music and Vibroacoustic Harp Therapy</i>
10:15 am EST	Dr. Kirsteen McCue University of Glasgow Glasgow, United Kingdom	<i>Neuroscience of Sound and Music: Spheres of Singing at the University of Glasgow</i>
10:45 am EST	Coffee Break # 2: Music with Morikeyba and Partick K.	
11:00 am EST	Keynote Presentation <i>Discovering the Power of Sound on the Cellular Level</i> Dr. John Stuart Reid Acoustics Engineer and Scientist, United Kingdom	
12:00 pm EST	Lunch Break	
12:30pm EST	Dr Sophie Boyd Royal Conservatoire of Scotland Glasgow, United Kingdom Dr Brianna Robertson-Kirkland Royal Conservatoire of Scotland Glasgow, United Kingdom	<i>Neuroscience of Sound and Music for Health and Wellbeing: Scotland's Singing for Health Network</i>
1:00 pm EST	Ana Paul University at Buffalo, NY, USA	<i>Music and Academic Performance: How Binary Beats Can Reduce Stress and Increase Focus</i>
1:30 pm EST	Iasos Independent Researcher Hawaii, USA	<i>The Mechanics of HOW Sound Can Induce Healing</i> Including Original Music Presentation
2:30 am EST	Adina Dabija LAc, MSTOM, Dipl. OM New York, NY, USA	<i>The Role of the Diaphragm in Reaching "Flow State"</i>
3:00 pm EST	Coffee Break # 3: "Maria" and "I Can Cook Too" by The Center City Brass Quintet	
3:15 pm EST	Lindy Romez (Jaya Devi) Calm One, Inc St. Petersburg, FL, USA	<i>Music and Medicine: Utilizing Music, Sound, and Frequencies to Easily Bring Balance, Harmony, and a Positive Change</i>
3:45 pm EST	Tony Crisos MM, Independent Scholar, New York, NY, USA	<i>The Orphic Path to Divine Union: "Theon Therapeian" and Ritual Music in Contemporary Greek Mysteries</i> Including Original Music Presentation
4:30 pm EST	Brian Manternach, DA University of Utah, Utah USA Jeremy Manternach, PhD University of Iowa, Iowa USA	<i>Confidence Alone: Survey of University Acting Majors Regarding the Effects of Singing Training on Confidence and Skills</i>
5:00 pm EST	David Akombo, PhD University of West Indies Barbados, West Indies	<i>Using African Drumming as a Holistic Approach to Reducing Stress and Improving Health: A Literature Review</i>
5:30 pm EST	Closing Remarks: ISQRMM Board Members	