

*Interdisciplinary Society for Quantitative Research in Music and Medicine*

Saturday, June 14, 2025

7:30 – 8:00 AM Dance Movement for Wellness – by Juliana Azoubel (Optional and Free for conference presenters)		President’s Circle	
8:00 – 8:25 AM	REGISTRATION		DUMKE
<i>Presentations are Concurrent in Room 302 and DUMKE Recital Hall, School of Music, University of Utah</i>			
<b>SESSION 1</b>			
<i>Presenter</i>		<i>Title</i>	<i>Location</i>
8:30–9:25 AM	Ms. Ursula Payne, MFA Slippery Rock University Department of Dance Slippery Rock, PA, USA	<i>The Nepantla Groove Matrix: Activating Healing Body Memory Through Soul Line Dancing</i>	DUMKE
9:30-10:25 AM	Mandara Cromwell, CEO Kate Holland Cyma Technologies, UNITED KINGDOM	<i>The Healing Potential of Sound Made Visible: Using Cymatic Images to Promote Health and Longevity</i>	DUMKE
<b>COFFEE BREAK 10:30 – 10:40 AM</b>			
10:45-11:00 AM	<b>MUSIC PERFORMANCE</b> <b>Carla Rose Kelly (CANADA)</b> <i>12-time Global Music Award Winning Composer and Performer</i>		DUMKE
<b>Room 302</b>			
8:30–8:55 AM	Lynn Maxfield Fiona Giudici Dr. Becky Zarate The University of Utah, Salt Laker City, UT, USA	<i>Health-Related Responses to Performing Arts Participation: A Mixed-Method Pilot Study</i>	302
9:00-9:25 AM	JD Hogue, MS & MM, MT-BC Kim Walter, Ph.D. Rebecca Vaudreuil, MSW, EdM, MT-BC Creative Forces Network/HJF, USA Lori Gooding, Ph.D. Florida State University, Tallahassee, FL, USA	<i>The (work) Life of a CAT: Creative Arts Therapists’ Workload in the Military Healthcare System</i>	302
9:30-9:55 AM	Emily Polichette, MM, SCMT, MT-BC Huntsman Mental Health	<i>Neurologic Music Therapy® in the Acute Psychiatric Setting</i>	302

	Institute University of Utah, Salt Lake City, UT, USA		
10:00 – 10:25 AM	Mark A. Johnston, MD Clinical and Research Offices, Salt Lake City, UT, USA	<i>Research Approaches to Developing Studies and Providing Evidence-based Research Data on Music Self-Therapy</i>	302
<b>COFFEE BREAK 10:30 – 10:40 AM</b>			
10:45-11:00 AM	<b>MUSIC PERFORMANCE</b> <b>Carla Rose Kelly (CANADA)</b> <i>12-time Global Music Award Winning Composer and Performer</i>		DUMKE
<b><u>SESSION 2</u></b>			
11:05-12:00 PM	<b>Keynote</b> <b>Dr. Niloofar Nobakht (Niloo), MD, FASN</b> Associate Clinical Professor of Nephrology <i>David Geffen School of Medicine</i> University of Los Angeles, California, USA, Founding Director of Music & Kidney Program at UCLA Health <b>Topic: <i>Music and Medicine: Promoting Harmony for Health</i></b>		DUMKE
12:05-1:55 PM	<b>LUNCH (see attached list of café/restaurant options)</b>		
<b><u>SESSION 3</u></b>			
<b><i>Presenter</i></b>		<b><i>Title</i></b>	<b><i>Location</i></b>
2:00 – 2:40 PM	<b>POSTER SESSION</b>		<b>ATRIUM</b>
2:00 – 2:40 PM	Elsa Campbell Baden-Württemberg, GERMANY  John Hogue, Hogue Music Therapy Statistics and Consulting, LLC, Jonesboro, Arkansas, USA Jian Du, Palacký University Olomouc, CZECH REPUBLIC  Katharina Issing	<i>Music Moves – Ettlingen Dementia Study: A Pragmatic Randomized-Controlled Trial</i>	<b>ATRIUM</b>

	Thomas Wosch Technical University of Applied Social Sciences Würzburg-Schweinfurt, Würzburg, GERMANY		
2:00 – 2:40 PM	Kent Nelson, DMA Independent Scholar, Salt Lake City, UT, USA	<i>Dyslexia and the Musical Mind</i>	ATRIUM
2:00 – 2:40 PM	David Akombo, Ph.D. The University of the West Indies, Barbados, WEST INDIES	<i>The Link Between Psychomusicology and Music Processing in Anxiety and Depression: A Literature Review</i>	ATRIUM
2:00 – 2:40 PM	Ana Paul, University at Buffalo, New York, USA	<i>Music and Academic Performance - How Binaural Beats Can Reduce Anxiety, Stress and Sometimes Help People Sleep</i>	ATRIUM
2:00 – 2:40 PM	Adina Dabija LAc, MSTOM, Dipl. OM New York, NY, USA	<i>The Role of the Diaphragm in Reaching "Flow State"</i>	ATRIUM
<b>SESSION 4</b>			
<i>Presenter</i>		<i>Title</i>	<i>Location</i>
2:45-3:40 PM	Dr. James D. Rodriguez Texas Christian University, Fort Worth, TX, USA	<i>Collegiate Vocal Health: Longevity and The Science Behind It</i>	DUMKE
3:45-4:40 PM	John Hogue, MS, MM, MT-BC. Hogue Music Therapy, Statistics, & Consulting, LLC./Missouri Southern State University	<i>Maybe Together We Can Get Somewhere": Listening to Data to Find a Story</i>	DUMKE
4:45-5:55 PM	<b>Happy Hour and Reception</b> (For Presenters, Musicians, and Board Officials)		ATRIUM
6:00 – 7:00 PM	<b>MUSIC CONCERT</b> <b>Nino Reyes</b> (6:00-6:30 PM) Native American Musician, Salt Lake City, UT, USA & <b>SYNKOFA - Celtic Jazz in 432Hz</b> (6:30 -7:00 PM) Ogden, Utah, USA		DUMKE

*Interdisciplinary Society for Quantitative Research in Music and Medicine*  
 Sunday, June 15, 2025

8:00-8:30 AM <i>Qi gong</i> with movement, sounds and breathing by Adina Dabija (Optional, Free for conference presenters)		President's Circle	
8:30 – 8:45 AM		<b>REGISTRATION</b>	
<b><u>SESSION 1</u></b>			
<i>Presenter</i>		<i>Title</i>	
<i>Location</i>			
9:00 – 9:55 AM	Peter Blum Woodstock, NY, USA	<i>Sacred Singing Metals and Trance</i>	<b>DUMKE</b>
10:00 – 10: 55 AM	Carla Rose Kelly, SACRED SCALE Music, CANADA	<i>An Experiential Music Medicine Session for Profound Transformation</i>	<b>DUMKE</b>
<b><u>COFFEE BREAK 11:00 – 11:10 AM</u></b>			
<b>Room 302</b>			
9:00 – 9:25 AM	True Ott, PhD., Mother Earth Minerals, Ogden, UT, USA Theresa Ellis, LMT Owner of The Healing Tree, Ogden, UT, USA	<i>Maximizing The Potential of Music Therapy</i>	<b>302</b>
9:30-9:55 AM	John Hogue, MS, MM, MT-BC. Hogue Music Therapy, Statistics, & Consulting, LLC./Missouri Southern State University, USA	<i>Developing Templated Notes for Creative Arts Therapists within the Military Healthcare System</i>	<b>302</b>
10:00 – 10:25 AM	Katie Lahue, SCMT, MT-BC, CMHC Eliana Rivera, MT-BC, Sara Langenberger Primary Children's Hospital campus, Salt Lake City, USA	<i>Case Examples in Pediatric Medical Music Therapy</i>	<b>302</b>
10:30 – 10:55 AM	Aramat Arnheim-Sharon, Ono Music College, ISRAEL Beth Falcone, M.M., New York City. USA André Chiang, Emory University, Atlanta,	<i>Can Cancer Cells be Affected by Voice and Sound?</i>	<b>302</b>

	GA, USA		
<b>COFFEE BREAK 11:00 – 11:10 AM</b>			
<b>SESSION 2</b>			
	<i>Presenter</i>	<i>Title</i>	<i>Location</i>
<b>11:15 – 11:55 AM</b>	<p><b>Keynote</b>  <b>Becky Zarate, Ph.D.</b>                  Associate Dean of Research                  College of Fine Arts                  University of Utah, Salt Lake City, UT, USA  <i>Topic: The Shape of Change and the Musical We: Musical Synchronicity and Playfulness and their Mechanistic Implications for Anxiety and Stress</i></p>		<b>DUMKE</b>
<b>12:00-1:55 PM</b>	<b>LUNCH</b> ( <i>see attached list of café/restaurant options</i> )		
<b>SESSION 3</b>			
	<i>Presenter</i>	<i>Title</i>	<i>Location</i>
<b>2:00 -2:55 PM</b>	Amanda Stark, PhD., CCC-SLP Lynn Maxfield, PhD. Brian Manternach, DMA, Sarah McDowell, MS., CCC-SLP Elizabeth Zharoff, MM, Will Ramos, Brad Story, PhD. Ingo Titze, Ph.D. Jenny Pierce, PhD., CCC-SLP The University of Utah, Salt Lake City. UT, USA	<p><i>Vocal Distortions of Epic Proportions: A Case Study of Quantifying Ten Extreme Vocalizations Used in Deathcore Music</i></p>	<b>DUMKE</b>
<b>3:00 -3:55 PM</b>	Carla Rose Kelly, SACRED SCALE Music, CANADA	<p><i>Singing with the Fibonacci Spiral of Creation for Profound Transformation</i></p>	<b>DUMKE</b>
<b>Room 302</b>			
<b>2:00-2:30 PM</b>	Juliana Azoubel, Federal University of Minas Gerais, BRAZIL and Texas Woman's University, USA	<p><i>“Healing in Motion: Music, Dance, and Performance as Strategies for Transforming Intragenerational Trauma in Afro and Indigenous Brazilian Communities”</i></p>	<b>302</b>

<p><b>2:30 -3:25 PM</b></p>	<p>Dr. Emilie Roumer - Jabouin Dance Artist/Researcher Founder of "Do Gwe", Dance &amp; Research, Toronto, CANADA</p>	<p><i>Healing the Body Through Dance</i></p>	<p><b>302</b></p>
<p><b>3:30-3:55 PM</b></p>	<p>Brian Manternach, D.Mus.  Lynn Maxfield, Ph.D. University of Utah, Salt Lake City, UT, USA  Aramat Arnheim-Sharon, Ono Music College, ISRAEL  Kimberly James, D.Mus. University of Nevada, Las Vegas, NV, USA  Beth Falcone, M.M. Music Director, New York City, New York, USA  Jeremy Manternach, Ph.D. The University of Iowa, USA</p>	<p><i>The Effect of Vocalization on Heart Rate, Heart Rate Variability, and Blood Pressure</i></p>	<p><b>302</b></p>
<p><b>4:00 – 4:30 PM</b></p>	<p><b>MUSIC PERFORMANCE</b> <b>Ana Paul (NEW YORK, USA)</b> <i>Composer and Performer</i></p>		<p><b>DUMKE</b></p>
<p><b>4:30 – 4:45 PM</b></p>	<p><b>CLOSING REMARKS</b> <b>ISQRMM Board &amp; The U Team</b></p>		<p><b>DUMKE</b></p>