

Interdisciplinary Society for Quantitative Research in Music and Medicine

Saturday, June 14, 2025

| | | | |
|--|---|--|----------|
| 7:30 – 8:00 AM - Dance Movement for Wellness – by Juliana Azoubel (Free to conference attendees) | | President’s Circle | |
| 8:00 – 8:25 AM | REGISTRATION | | DUMKE |
| Presentations are Concurrent in Room 302 and DUMKE Recital Hall, School of Music, University of Utah | | | |
| SESSION 1 | | | |
| Presenter | | Title | Location |
| 8:30–9:25 AM | Ms. Ursula Payne, MFA Slippery Rock University Department of Dance Slippery Rock, PA, USA | The Nepantla Groove Matrix: Activating Healing Body Memory Through Soul Line Dancing | DUMKE |
| 9:30-10:25 AM | Mandara Cromwell, CEO Kate Holland Cyma Technologies, USA | The Healing Potential of Sound Made Visible: Using Cymatic Images to Promote Health and Longevity | DUMKE |
| COFFEE BREAK 10:30 – 10:40 AM | | | |
| 10:45-11:00 AM | MUSIC PERFORMANCE Carla Rose Kelly London, CANADA 12-time Global Music Award Winning Composer and Performer | | DUMKE |
| Room 302 | | | |
| 8:30–8:55 AM | Lynn Maxfield Fiona Giudici Dr. Becky Zarate The University of Utah, Salt Lake City, UT, USA | Health-Related Responses to Performing Arts Participation: A Mixed-Method Pilot Study | 302 |
| 9:00-9:25 AM | JD Hogue, MS & MM, MT-BC Kim Walter, PhD Rebecca Vaudreuil, MSW, EdM, MT-BC Creative Forces Network/HJF, USA Lori Gooding, PhD Florida State University, Tallahassee, FL, USA | The (work) Life of a CAT: Creative Arts Therapists’ Workload in the Military Healthcare System | 302 |

| | | | |
|-------------------------------|--|--|----------|
| 9:30-9:55 AM | Emily Polichette, MM, SCMT, MT-BC Huntsman Mental Health Institute University of Utah, Salt Lake City, UT, USA | Neurologic Music Therapy® in the Acute Psychiatric Setting | 302 |
| 10:00 – 10:25 AM | Mark A. Johnston, MD Clinical and Research Offices, Salt Lake City, UT, USA | Research Approaches to Developing Studies and Providing Evidence-based Research Data on Music Self-Therapy | 302 |
| COFFEE BREAK 10:30 – 10:40 AM | | | |
| 10:45-11:00 AM | MUSIC PERFORMANCE Carla Rose Kelly (CANADA) 12-time Global Music Award Winning Composer and Performer | | DUMKE |
| SESSION 2 | | | |
| 11:05-12:00 PM | Keynote Dr. Niloofar Nobakht (Niloo), MD, FASN Associate Clinical Professor of Nephrology David Geffen School of Medicine University of Los Angeles, CA, USA, Founding Director of Music & Kidney Program at UCLA Health Topic: Music and Medicine: Promoting Harmony for Health | | DUMKE |
| 12:05-1:55 PM | LUNCH (see attached list of café/restaurant options) | | |
| SESSION 3 | | | |
| Presenter | | Title | Location |
| 2:00 – 2:40 PM | POSTER SESSION | | ATRIUM |
| 2:00 – 2:40 PM | Elsa Campbell Baden-Württemberg, GERMANY John Hogue, Hogue Music Therapy Statistics and Consulting, LLC, Jonesboro, AR, USA Jian Du, Palacký University Olomouc, CZECH REPUBLIC | Music Moves – Ettlingen Dementia Study: A Pragmatic Randomized-Controlled Trial | ATRIUM |

| | | | |
|-------------------------|---|---|------------------------|
| | Katharina Issing Thomas Wosch Technical University of Applied Social Sciences Würzburg-Schweinfurt, Würzburg, GERMANY | | |
| 2:00 – 2:40 PM | Kent Nelson, DMA Independent Scholar, Salt Lake City, UT, USA | <i>Dyslexia and the Musical Mind</i> | ATRIUM |
| 2:00 – 2:40 PM | David Akombo, PhD The University of the West Indies, Barbados, WEST INDIES | <i>The Link Between Psychomusicology and Music Processing in Anxiety and Depression: A Literature Review</i> | ATRIUM |
| 2:00 – 2:40 PM | Ana Paul, University at Buffalo, NY, USA | <i>Music and Academic Performance - How Binaural Beats Can Reduce Anxiety, Stress and Sometimes Help People Sleep</i> | ATRIUM |
| 2:00 – 2:40 PM | Adina Dabija LAc, MSTOM, Dipl. OM New York City, NY, USA | <i>The Role of the Diaphragm in Reaching "Flow State"</i> | ATRIUM |
| 2:00 – 2:40 PM | Steve Cho MD Tom Hurtado, EdD Yazmin Marin, The University of Utah | <i>The impact of medical orchestras on belonging and burnout in healthcare</i> | ATRIUM |
| <u>SESSION 4</u> | | | |
| <i>Presenter</i> | | <i>Title</i> | <i>Location</i> |
| 2:45-3:40 PM | Dr. James D. Rodriguez Texas Christian University, Fort Worth, TX, USA | <i>Collegiate Vocal Health: Longevity and The Science Behind It</i> | DUMKE |
| 3:45-4:40 PM | John Hogue, MS, MM, MT-BC. Hogue Music Therapy, Statistics, & Consulting, LLC/Missouri Southern State University | <i>Maybe Together We Can Get Somewhere: Listening to Data to Find a Story</i> | DUMKE |
| 4:45-5:55 PM | Happy Hour and Reception | | ATRIUM |
| 6:00 – 7:00 PM | MUSIC CONCERT Nino Reyos (6:00-6:30 PM) Native American Musician, Salt Lake City, UT, USA & SYNKOFA - Celtic Jazz in 432Hz (6:30 -7:00 PM), Ogden, UT, USA | | DUMKE |

Interdisciplinary Society for Quantitative Research in Music and Medicine
Sunday, June 15, 2025

| | | | |
|---|--|---|----------|
| 8:00-8:30 AM <i>Qi gong</i> with movement, sounds and breathing - Adina Dabija (Free to conference attendees) | | President’s Circle | |
| 8:30 – 8:45 AM | REGISTRATION | | |
| SESSION 1 | | | |
| Presenter | | Title | Location |
| 9:00 – 9:55 AM | Peter Blum Woodstock, NY, USA | Sacred Singing Metals and Trance | DUMKE |
| 10:00 – 10: 55 AM | Carla Rose Kelly, SACRED SCALE Music, CANADA | An Experiential Music Medicine Session for Profound Transformation | DUMKE |
| COFFEE BREAK 11:00 – 11:10 AM | | | |
| Room 302 | | | |
| 9:00 – 9:25 AM | True Ott, PhD, Mother Earth Minerals, Ogden, UT, USA Theresa Ellis, LMT Owner of The Healing Tree, Eden, UT, USA | Maximizing The Potential of Music Therapy | 302 |
| 9:30-9:55 AM | John Hogue, MS, MM, MT-BC, Hogue Music Therapy, Statistics, & Consulting, LLC/Missouri Southern State University, USA | Developing Templated Notes for Creative Arts Therapists within the Military Healthcare System | 302 |
| 10:00 – 10:25 AM | Katie Lahue, SCMT, MT-BC, CMHC Eliana Rivera, MT-BC, Sara Langenberger Primary Children's Hospital campus, Salt Lake City, UT, USA | Case Examples in Pediatric Medical Music Therapy | 302 |
| 10:30 – 10:55 AM | Aramat Arnheim-Sharon, Ono Music College, ISRAEL Beth Falcone, MM, New York City, NY, USA André Chiang, Emory University, Atlanta, | Can Cancer Cells be Affected by Voice and Sound? | 302 |

| | | | |
|-------------------------------|---|---|----------|
| | GA, USA | | |
| COFFEE BREAK 11:00 – 11:10 AM | | | |
| SESSION 2 | | | |
| Presenter | | Title | Location |
| 11:15 – 11:55 AM | Keynote Becky Zarate, PhD Associate Dean of Research College of Fine Arts University of Utah, Salt Lake City, UT, USA Topic: The Shape of Change and the Musical We: Musical Synchronicity and Playfulness and their Mechanistic Implications for Anxiety and Stress | | DUMKE |
| 12:00-1:55 PM | LUNCH (see attached list of café/restaurant options) | | |
| SESSION 3 | | | |
| Presenter | | Title | Location |
| 2:00 -2:55 PM | Amanda Stark, PhD, CCC- SLP Lynn Maxfield, PhD Brian Manternach, DMA Sarah McDowell, MS, CCC- SLP Elizabeth Zharoff, MM, Will Ramos, Brad Story, PhD Ingo Titze, PhD Jenny Pierce, PhD, CCC- SLP The University of Utah, Salt Lake City. UT, USA | Vocal Distortions of Epic Proportions: A Case Study of Quantifying Ten Extreme Vocalizations Used in Deathcore Music | DUMKE |
| 3:00 -3:55 PM | Carla Rose Kelly, SACRED SCALE Music, CANADA | Singing with the Fibonacci Spiral of Creation for Profound Transformation | DUMKE |
| Room 302 | | | |
| 2:00-2:30 PM | Juliana Azoubel, Federal University of Minas Gerais, BRAZIL and Texas Woman's University, USA | “Healing in Motion: Music, Dance, and Performance as Strategies for Transforming Intragenerational Trauma in Afro and Indigenous Brazilian Communities” | 302 |

| | | | |
|-----------------------|--|---|--------------|
| 2:30 -3:25 PM | Dr. Emilie Roumer - Jabouin Dance Artist/Researcher Founder of "Do Gwe," Dance & Research, Toronto, CANADA | <i>Healing the Body Through Dance</i> | 302 |
| 3:30-3:55 PM | Brian Manternach, DMus Lynn Maxfield, PhD University of Utah, Salt Lake City, UT, USA Aramat Arnheim-Sharon, Ono Music College, ISRAEL Kimberly James, DMus University of Nevada, Las Vegas, NV, USA Beth Falcone, MM Music Director, New York City, New York, USA Jeremy Manternach, PhD The University of Iowa, USA | <i>The Effect of Vocalization on Heart Rate, Heart Rate Variability, and Blood Pressure</i> | 302 |
| 4:00 – 4:30 PM | MUSIC PERFORMANCE Ana Paul NEW YORK, USA <i>Composer and Performer</i> | | DUMKE |
| 4:30 – 4:45 PM | CLOSING REMARKS ISQRMM Board & The U Team | | DUMKE |





Thank you!

UNIVERSITY OF UTAH ISQRM Event Area Map

Full interactive map available at: map.utah.edu

Conference Location:
University of Utah School of Music
David Gardner Hall
1375 E Presidents Cir
Salt Lake City, UT 84112

LEGEND:

| | | | |
|---|---------------------------|---|----------------------|
|  | UTA Bus Stop |  | Visitor Parking |
|  | Electric Vehicle Charging |  | All-Gender Restrooms |

PARKING OPTIONS:

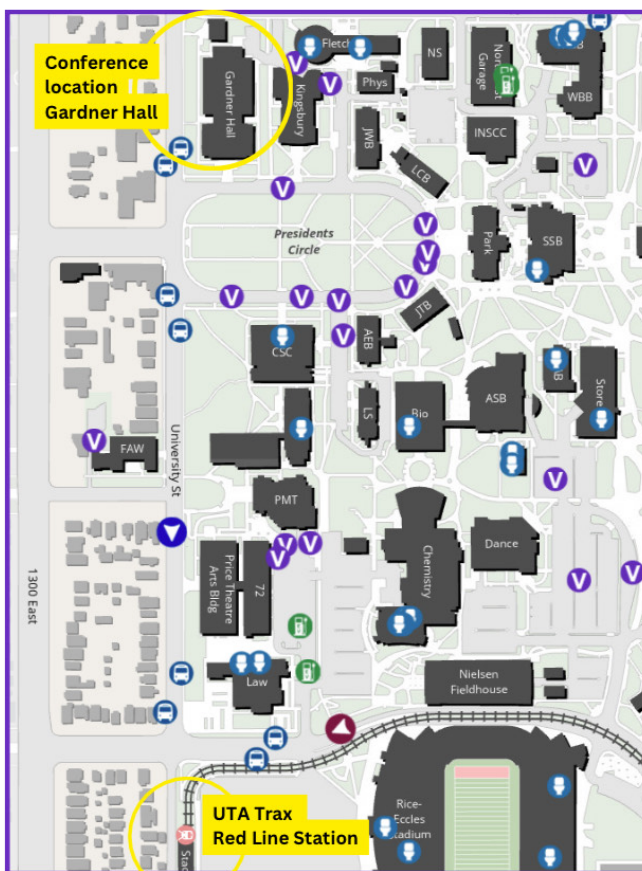
- Presidents Circle (free Sat. & Sun.)
- Northwest Garage (free Sat. & Sun.)
 - University Parking Regulations are enforced Mon.-Fri., 7:00 a.m. to 8:00 p.m., and during special events as posted. Fire lanes and ADA areas are enforced 24/7.
- Free street parking also available in neighborhoods on the Northwest and West side of campus, a few blocks away. Be cautious of signs restricting parking for non-residents or non-permit holders, some limit to 2 hours.

Contact Commuter Services with questions, concerns:
(801) 581-6415 - M-F 8am-4pm.

University of Utah Campus Security: (801) 585-2677 or 911

TRANSIT OPTIONS:

- TRAX Light rail from Downtown (Red Line toward U of U) get off at Stadium stop. 3 block walk north.
- UTA Bus Routes
 - 2 (Closest stop to School of Music)
 - 225 (Stop at Presidents Circle)
 - 220 (Stop by Law School)
 - 4, 213, 455, 473 (Stop by Stadium Lot)



Restaurants within walking distance:

On University Ave.

Publik Eds \$ - Locally roasted coffee, light lunch bites. 8-2 M-Sat, closed Sun.

On 200 S.

The Pie Pizzeria \$ - Award-winning, basement location. Collegiate vibes. Vegan and Gf friendly!

On 1300 E.

Subway \$ - Chain sandwich shop. M-Sat. 9-9, Sun. 11-7.

B&D Burger \$ - Family-owned burger joint. No frills. Burgers, shakes, fries. Fast and affordable. Open 11-9 daily.

Osteria Amore \$\$\$ - Excellent modern, authentic Italian food. Reservations recommended. Patio. Fri-Sat 11-2 and 4:30-10pm. Closed Sun.

Indochine Vietnamese Bistro \$-\$\$ Fresh, affordable Vietnamese fare. Great Lunch Specials. Patio. Veg/Vegan friendly. Fri. 11-10, Sat. 12-10pm, Sun. 12-9pm

Rio Grande Cafe \$\$ - Tex Mex in a charming renovated Firehouse! Great bar. Patio. 11am-10pm Fri-Sat, 11-8 Sun.

On Campus

University of Utah Campus Store - Starbucks, office supplies, U of U Swag, Convenience Store items. Summer hours vary: (801) 581-6326. Closed Sun.

Other Services Nearby:

1. FedEx Print and Copy
2. University Pharmacy
3. 7-11 Store
4. Wells Fargo Bank/ATM

ISQRM 2025 UNIVERSITY OF UTAH EVENT MAP: Restaurants and Services

